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## HEALTH ALERT

MAY 31, 2013

### MULTI-STATE OUTBREAK OF HEPATITIS A ASSOCIATED WITH A FROZEN BERRY FOOD PRODUCT

Today the U.S. Centers for Disease Control and Prevention (CDC) announced an investigation concerning an outbreak of Hepatitis A in persons who consumed **Townsend Farms Organic Anti-oxidant Blend frozen berry mix**. So far 30 cases have been reported in 5 states including California (none in San Francisco).

The product has been widely distributed by Costco markets. The product may also have been sold through other outlets.

The San Francisco Department of Public Health (SFDPH) is working with the California Department of Public Health (CDPH) to provide further guidance for the public and clinical providers.

Early signs of hepatitis A appear 2-6 weeks after exposure. Symptoms commonly include mild fever, loss of appetite, nausea, vomiting, diarrhea, fatigue, right upper abdominal pain, dark urine and jaundice. **Clinicians should report suspected cases to SFDPH Communicable Disease Control at 415-554-2830.**

Hepatitis A vaccination can prevent illness if given within 2 weeks of exposure to the contaminated product. Standard recommendations for post-exposure prophylaxis of exposed persons can be found here: [www.cdc.gov/hepatitis/HAV/HAVfaq.htm#protection](http://www.cdc.gov/hepatitis/HAV/HAVfaq.htm#protection). However before initiating prophylaxis please check the links below, as CDPH and CDC may update recommendations specific to this outbreak.

San Francisco residents who believe they may have been exposed to the contaminated frozen berry product should contact their medical provider, or may call 311 (from within the 415 area code) or (415) 701-2311 for more information.

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**CDC outbreak notice:** [cdc.gov/hepatitis/Outbreaks/2013/A1b-03-31/index.html](http://cdc.gov/hepatitis/Outbreaks/2013/A1b-03-31/index.html)

**CDC advice for consumers:** [cdc.gov/hepatitis/Outbreaks/2013/A1b-03-31/advice-consumers.html](http://cdc.gov/hepatitis/Outbreaks/2013/A1b-03-31/advice-consumers.html)

**California Department of Public Health:** <http://www.cdph.ca.gov/>

**San Francisco Department of Public Health:** <http://www.sfdph.org/>

**SFDPH Communicable Disease Control and Prevention:** <http://www.sfdcp.org/>